



Honors Capstone Project in Social Justice

ONE LOVE FOUNDATION

Table of Contents



One Love Introduction



Personal Connections



Capstone Project



Acknowledgements &
Conclusion

One Love Foundation

Educate

1. short films
2. discussion guides
3. leadership opportunities

Empower

1. sports game dedications
2. improving relationship health
3. 10 identifiable signs



onelove

“We empower young people with the tools and resources they need to see the signs of healthy and unhealthy relationships and bring life-saving prevention education to their communities.”

ONE LOVE FOUNDATION MISSION STATEMENT

OPPORTUNITY

One Love provides so much in addition to educational workshops. They have multiple programs which engage students, school faculty and anyone passionate in supporting the advocacy work of relationship health for their specific interest.

EXPERIENCE

One Love curriculums guide participants through the 10 signs of healthy and unhealthy relationships as well as displaying the tools necessary to help those in healthy scenarios. This hands-on-experience is extremely valuable and create a community of support for those in need of help.

WHY ONE LOVE?



Experience



“I just have a really strong feeling that this is going to be an amazing experience.”

“I feel like the girl from 13 going on 30 getting to be in a higher-up position in a company and just being a kid the day before.”

This really expanded my worldview on relationship abuse, because it never really crossed my mind of how many young, male-presenting people have dealt with similar problems.

Capstone Project



WHERE: Sacramento, CA **WHEN: February 6-7, 2023**

I, along with fellow One Love Teen Ambassadors, spoke with various local and state officials at the Capitol. In groups of four or five, we discussed our own experience with relationships and how One Love has improved such. Additionally, we explicitly described the California Healthy Youth Act and its limitations. Finally, we asked for the official's support in utilizing One Love as a resource for comprehensive relationship health education in the state of California.



Mentors



Tracey Broadhead
Executive
Director, California



Katie Clancy
Engagement Manager,
California



Hali Holtzman
Student Leadership
Manager



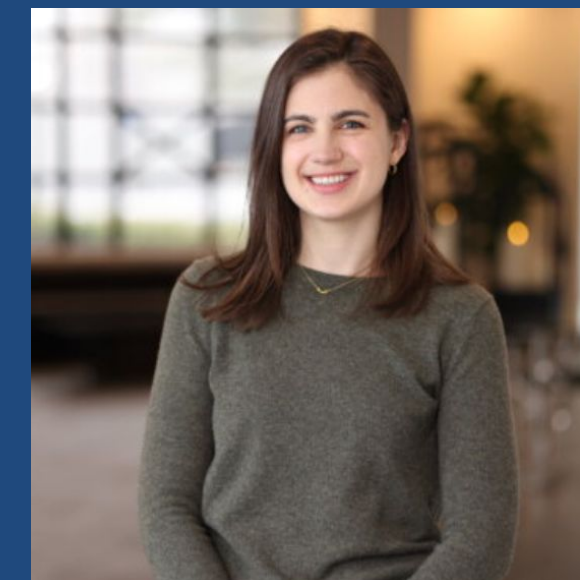
Sheridan Riolo
Engagement Manager,
California



Leisle Bartley
Engagement Manager,
California



Melina Solis
Youth Leadership
Coordinator, California



Libby Roberts
Education Manager



TRACEY BROADHEAD



ACKNOWLEDGEMENTS

Connect with
One Love

INSTAGRAM

@JOINONELOVE

YOUTUBE

JOINONELOVE

WEBSITE

JOINONELOVE.ORG



onelove